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# Contact Information

## Nova Scotia Prescription Monitoring Program

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**NSPMP Medical Consultant**

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**NSPMP Pharmacist Consultant**

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# Important Information

## Prescribing of controlled drugs in Nova Scotia

A monitored drug is designated as any drug that is a controlled drug pursuant to the Controlled Drugs and Substances Act (CDSA) (Canada) and appears in the schedules to the CDSA (Canada) as it is amended or any successor legislation.

1. Duplicate prescription forms, supplied by the NSPMP, must be used for written monitored drug prescriptions (excluding benzodiazepines). Exceptions are noted below:
  - a. a person in a nursing home, as defined in the Homes for Special Care Act,
  - b. a person in a home for the aged that is subject to the Homes for Special Care Act,
  - c. a person who is prescribed a monitored drug while an in-patient, as defined in the Hospital Insurance Regulations made under the Health Services and Insurance Act,
  - d. an inmate in a federal correctional centre or penitentiary, or
  - e. an e-prescription sent via the NSDIS.
2. Prescribers are not permitted to share duplicate prescription forms.
3. The prescription pads contain a "PMP ID" pre-printed on the pads that correspond with the individual prescriber.
4. A prescriber must only prescribe one drug per prescription form. However, it is acceptable to prescribe more than one strength of the same drug on one prescription form in order to achieve the desired dose.

## Requirement to register with the NSPMP

1. Prescribers, pharmacists and pharmacies, as regulated under the Regulated Health Professions Act, are required by the Prescription Monitoring Act and Prescription Monitoring Regulations and legislation to register with the NSPMP.
2. When a pharmacy changes ownership, opens, or moves to a new location, the NSPMP must be notified. Proper coverage must be reassigned to the new profile for claims to be adjudicated on-line.
3. Out of province prescribers must register with the Program when they are providing monitored drug prescriptions that may be filled at Nova Scotia pharmacies. However, registration is voluntary for out-of-province prescribers.
4. For support with prescription processing issues once the prescriber is registered, please follow regular support processes with your software vendor.

# Important Information (continued)

## Prescriptions not currently monitored by the NSPMP

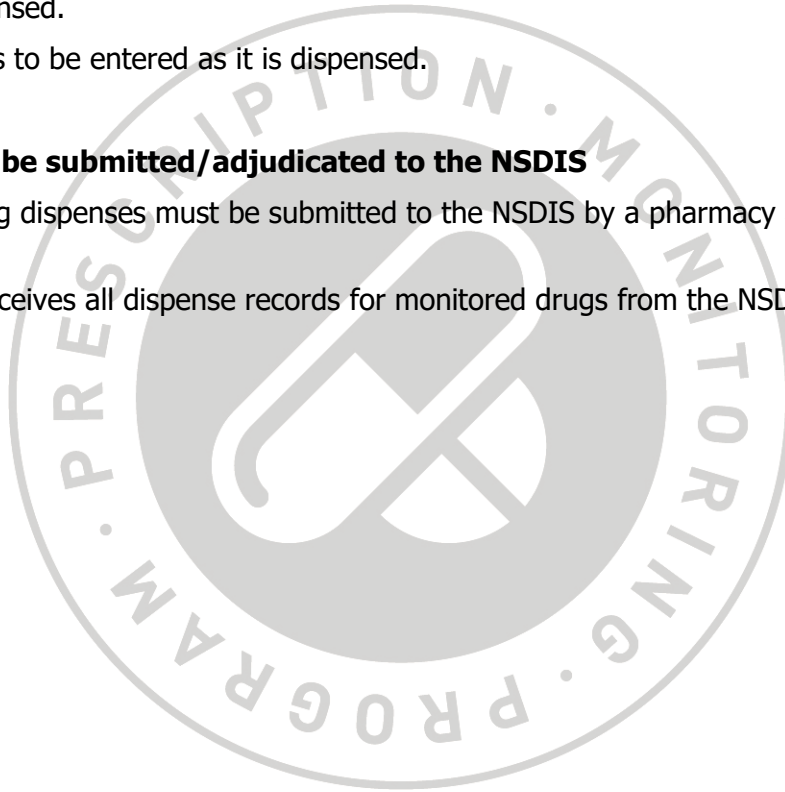
- Prescriptions written by Veterinarians.
- Prescriptions for testosterone, when dispensed as a compound for topical application for local effect.

## Part-Fill Prescriptions

- Enter dispensed quantity and days' supply of the part-fill.
- Please do not enter total quantity and total days' supply on prescriptions that will have future part-fills dispensed.
- Each part-fill is to be entered as it is dispensed.

## Prescriptions must be submitted/adjudicated to the NSDIS

- Monitored drug dispenses must be submitted to the NSDIS by a pharmacy as soon as reasonably possible.
- The NSPMP receives all dispense records for monitored drugs from the NSDIS.



# Health Card Types and Numbers

Prescribers are asked to legibly record a valid health card number and date of birth on each script as below:

- Nova Scotia residents, select NS and indicate the HCN
- RCMP officer, select RCMP and indicate the RCMP ID #
- Canadian Forces member, select CF and indicate the CF ID #
- Veteran's Affairs, select VA and indicate the VA ID#
- Out-of-province patient, select the province and the indicate the HCN

The NSPMP system is designed to validate health card numbers and types. The following table provides the correct format for health card numbers in each province and for special groups such as the RCMP:

Province	Health Card Number	Cardholder Identity	Comments
Alberta	9 Digits	AB	
British Colombia	10 Digits	BC	Begins with "9"
Manitoba	9 Digits	MB	
New Brunswick	9 Digits	NB	
Newfoundland	12 Digits	NL	
Nova Scotia	10 Digits	NS	
Nunavut	9 Digits	NU	
NWT	1 Letter + 7 Digits	NT	
Ontario	10 Digits	ON	Numbers only, no letters
PEI	8 Digits	PE	
Quebec	4 Letters + 8 Digits	QC	First 3 letters of last name and first letter of first name
Saskatchewan	9 Digits	SK	
Yukon	9 Digits	YT	
Canadian Forces	1 Letter + 8 Digits	CF	Begins with "M"
RCMP	1 Letter + 8 Digits	RCMP	Begins with "R"
Veterans Affairs	1 Letter + 7 Digits	VAC	Begins with "K"

# Health Card Types and Numbers (continued)

## **Nova Scotia Generic (NSG) Health Card Number**

Effective May 2020, the NSG Health Card Number (HCN) should not be used. Please ensure the NSG HCN, 0011984275, is not in the patient's file.

## **Federal Penitentiary Inmates**

Prescriptions written for patients living in Federal Penitentiaries are not required to be written on a duplicate prescription pad, but the NSPMP legislation does require that these scripts be submitted on-line to the NSPMP, through the NSDIS. Please contact your software vendor for assistance entering an alternate number in lieu of a health card number, as these patients may not have a valid health card.

## **Patients From Out of Province**

The NSPMP requires that all dispenses of monitored drugs are submitted with a valid Canadian health card number, or equivalent. Please contact your software vendor on assistance entering out of province health card numbers. Do not use the NSG HCN.

## **Patients From Out of Country**

Please contact your software vendor for assistance with entering an alternate number in the health card field, as these patients do not have a valid health card, or equivalent. Do not use the NSG HCN.

## **Office Use Prescriptions or Prescriptions for Seafaring Ships**

Please contact your software vendor for assistance with entering prescriptions for Office Use or for Seafaring Ships.

# Methadone Compounds

The NSPMP requires all methadone oral liquid to be reported in the number of milligrams dispensed to the NSDIS. Each pharmacy software has the capacity for adding and submitting multiple third-party quantity conversions and pseudo-DINs for the same prescription. Please consult your software vendor for assistance.

When dispensing methadone compounds with/without Tang or diluents:

- Identify and enter the PIN/DIN below that corresponds with the suspension being dispensed with either the methadone powder or with Metadol or Methadose O/L.
- Enter the quantity dispensed in mg.
- Enter the number of days' supply dispensed.

For example: A duplicate prescription is presented for methadone 2240 mg to be dispensed as 80 mg daily in Tang for 28 days.

Metadol 10 mg/ml OL: DIN 02241377
Quantity Dispensed: 80mg
Days' Supply: 1

\*Use the PIN/DIN that is appropriate to the product used to prepare the prescription.

PIN/DIN	Drug Name
02241377	Metadol 10 mg/ml O/L
02244290	Metadol-D 10mg/ml O/L
02247694	Metadol 1mg/ml O/L
02394596	Methadose Sol'n 10mg/ml O/L
02394618	Methadose Unflavored Sol'n 10mg/ml O/L
02481979	Methadone HCL Oral Concentrate 10mg/ml O/L
99099993 (PIN)	Methadone O/L (Compounded)



# Compounding PINs

Opinions PINs are required when submitting claims for compounds containing monitored drugs. Select the PIN that best corresponds with the **MONITORED DRUG** in the compound.

## NOTE:

When submitting claims for compounds, which include one or more monitored ingredients, pharmacies must record the following information:

- a free text description of the compound; and
- the monitored drug ingredient(s) represented by
  - the name of the ingredient
  - the ID # - either the DIN of the monitored drug manufactured product or the OPINIONS PIN of the monitored drug chemical used in the compound (list provided below); and
  - the quantity of ingredient used in the compound. For methadone compounds, the quantity of methadone dispensed shall be specified in milligrams (mg).

Non-monitored ingredients may also be listed but are not required. A non-monitored ingredient can be represented by an ID # that is a DIN, NPN, OPINIONS PIN or pseudo-DIN.

A complete list of registered NSPMP compounds and their corresponding OPINIONS PIN is provided on the following page.

## Compounding PINs (continued)

NSPMP Monitored Drug Chemical	OPINIONS PIN	Notes
Belladonna Tincture	99099966	
Cocaine Powder	99099974	
Codeine Powder	99099975	
Dexedrine Trial	99099976	
DHEA (prasterone)	99099977	
Diazepam Powder	99099963	
Fentanyl Powder	99099978	
Generic Monitored Ingredient	99099979	
Hydromorphone Powder	99099980	
Ketamine Powder	99099981	
Lorazepam Powder	99099928	
Methadone Powder	99099993	
Methylphenidate Trial	99099984	Must be submitted as it is dispensed. Please do not enter the total quantity and total days' supply on prescriptions that will have future part-fills dispensed. Each part-fill is to be submitted as it is dispensed.
Midazolam Powder	99099964	
Morphine Powder	99099986	
Sativex Trial	99099991	
Testosterone Powder	99099965	
Tramadol Powder	99099927	

**"Placebo" drugs** used for clinical trials do not need to be submitted on-line.

## Double DINs

Two or more strengths of the same drug may be written on one duplicate prescription. The claims must be for the same person and from the same prescriber. Each claim may be submitted as a “new” prescription. A situation where this may occur would be when the prescription is written for strength/dose of drug which is not commercially available as a product.

- i.e. Drug strength/dose written is not commercially available.

Example: A prescription written for MS Contin 130mg, qty 100 for 30 days would be filled with two different strengths of MS Contin.

Patient A	Patient A
MS Contin 100 mg	MS Contin 30 mg
Quantity 100	Quantity 100
Days' Supply 30	Days' Supply 30

**\*Please Note:** A prescriber must only prescribe one drug per prescription form as per the PMP Regulations.

# Fraudulent/Stolen Script Reporting

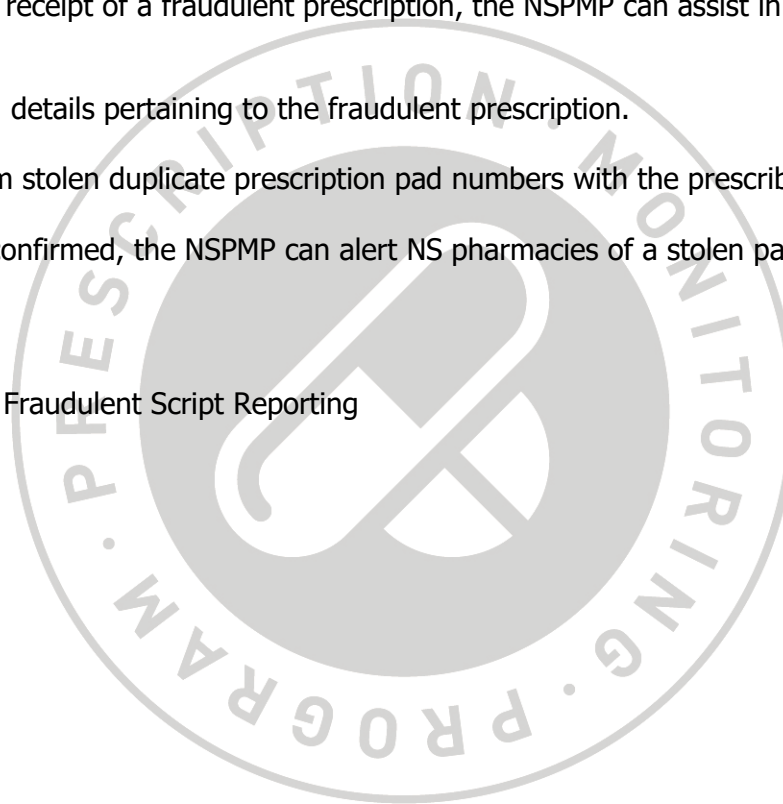
The Prescription Monitoring Program and its Board of Directors believe that the safety and health of pharmacists, pharmacy staff, and customers should take priority in any situation. No pharmacist should put themselves or others in harm's way enforcing Program policy or procedures.

If the pharmacy is in receipt of a fraudulent/stolen prescription, whether filled or not, they should report the incident to the NSPMP and Law Enforcement.

When your store is in receipt of a fraudulent prescription, the NSPMP can assist in the following ways:

- Record details pertaining to the fraudulent prescription.
- Confirm stolen duplicate prescription pad numbers with the prescriber.
- Once confirmed, the NSPMP can alert NS pharmacies of a stolen pad – if appropriate.

Please see Appendix: Fraudulent Script Reporting



# Recent Updates and Alerts

Please see our website, [www.nspmp.ca](http://www.nspmp.ca), for up-to-date information.

For information regarding the Covid-19 pandemic (including the Health Canada CDSA exemptions), please see: [www.nspmp.ca](http://www.nspmp.ca)





## Appendix: Fraudulent Script Reporting

Fax from Store # \_\_\_\_\_

**NOTE:** This fax is to be used to report fraudulent prescriptions which have been dispensed.

To:	NSPMP	Store Name:	
Fax:	1-902-481-3157	Store Fax:	
Phone:	1-902-496-7123 1-877-476-7767	Store Phone:	
Subject:	Fraudulent Prescription dispense	Date:	

Prescriber Name and PMP ID#: \_\_\_\_\_

PMP Pad Number: \_\_\_\_\_

Has the prescriber been alerted? Yes or No

Patient Name and Health Card Number: \_\_\_\_\_

Brief Summary of Events: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has Law Enforcement been contacted? Yes or No

If yes, please provide the NSPMP with Law Enforcement contact information and the case file number:

\_\_\_\_\_

Pharmacist Name: \_\_\_\_\_ Pharmacist License Number: \_\_\_\_\_

Pharmacist Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Please ensure a copy of the prescription is faxed with this form.**